Modern Yoga: A Bibliography

The academic literature relating to modern yoga is now quite extensive and spans several disciplines. I have chosen to break up the bibliography into the following sections: Historical Background to ‘Modern Yoga’ to cover literature which is not directly on ‘modern’ yoga but is highly topical to understanding yoga and its modern development; Origins of a ‘Modern’ Yoga to cover works discussing the development of ‘modern’ yoga; Works on ‘Modern Postural Yoga’ to cover works dealing with aspects of movements that fall within what Elizabeth de Michelis defined as ‘MPY’; and finally Modern Yoga as ‘Neo-Hinduism’ or New Religious Movements to cover the literature on modern ‘bhakti yoga’ groups, or guru–focused groups which also should be included in the yoga traditions. This section is certainly less comprehensive than the ones above.

There are, of course, many other ways this bibliography could have been divided. I am open to re-arranging this bibliography, adding new works, as well as suggestions or submissions of other bibliographies for the ‘tools’ section. Please email S.Newcombe@lse.ac.uk with your ideas.
Historical Background to ‘Modern Yoga’


Origins of a ‘Modern’ Yoga


(1898). *Ramakrishna: His Life and Sayings*. London: Longmans, Green

This bibliography was last updated on 19 June 2010


Works on ‘Modern Postural Yoga’


This bibliography was last updated on 19 June 2010
April.


(Forthcoming) 'The Siddhis in Modern Yoga', in Knut A. Jacobsen (ed.), *Yoga Powers: Theory and Practice of Siddhis in the South Asian Traditions*, (Leiden, Brill).


Modern Yoga as ‘Neo–Hinduism’ or New Religious Movements


This bibliography was last updated on 19 June 2010
pp. 147–168.